

Findings

- How confident are you in developing and delivering RSE/Relationships Education lessons?*
 47% (1,024) of respondents expressed a lack of confidence in their ability to deliver the RSE/Relationships education. Only 15% (326) were very confident in their ability.
- Do you agree with the following statement: I am confident that my school will be ready to deliver the new Relationships and Sex Education (RSE) and/or Relationship Education in September 2020?* 52% (1,118) of respondents expressed uncertainty that their school would be ready to deliver the new Relationships and Sex Education (RSE)/Relationships Education in September 2020. 28% (600) said their school would not be ready to deliver the new RSE/Relationships Education.
- If you teach in the PRIMARY sector, please rate your level of confidence in developing and delivering lessons on each topic*
 Teachers were more confident about delivering lessons on stereotypes and on personal space and boundaries and permission seeking. 74% (934) of respondents were very or somewhat confident in developing and delivering lesson plans for what a stereotype is and how particular stereotypes can cause harm and 82% (999) were very or somewhat confident in developing and delivering lesson plans on the concept of personal space and boundaries and the importance of permission seeking.
- If you teach in the SECONDARY/6TH FORM sector, please rate your level of confidence in developing and delivering lessons on each topic*
 61% (648) of teachers said they do not feel confident about teaching the impact of pornography. 54% (577) of teachers were not confident about teaching lessons on female genital mutilation (FGM). Only 10% of respondents felt 'very confident' about teaching either of these topics (112 for the impact of pornography and 117 for FGM).

65% (695) of teachers felt somewhat or very confident to teach the concept of sexual consent and the law relating to it. 59% (633) were somewhat or very confident in teaching sexting, youth-produced sexual-imagery and nudes. Meanwhile, 57% (606) were somewhat or very confident to deliver lessons on grooming, sexual exploitation and domestic abuse, including coercive and controlling behaviour.
- What training format would give you the confidence and skills to deliver high-quality RSE?*
 A majority of respondents (78% or 1,611) identified face to face training as the format that would give them the confidence and skills to deliver high quality RSE. Group discussion and activities was the second most popular delivery format chosen by respondents to equip them with the skills to deliver RSE (53% or 1,099). Just 36% (750) felt that e-learning would give them the confidence and skills.
- What does your school need to be ready for roll out in September 2020? (PLEASE SELECT YOUR TOP THREE)*

Answer Choices	Responses	
Funding for training staff	74%	1530
Funding for training Senior Leadership Team and Governance teams	26%	542
Funding for additional staff capacity	28%	575
Funding for increased pastoral care staff	40%	827
Clearer guidance on quality approved, evidence-based resources	59%	1227
Clearer guidance/resources on how to deliver LGBT+ inclusive RSE	61%	1262
Clearer guidance/resources on how to deliver SEND inclusive RSE	48%	988
Clearer guidance/resources on how to teach abuse and harassment content in curriculum	36%	743
Information for parents on the contents of the new RSE and Health Education guidance	54%	1120
Guidance on how to work with parents when developing your RSE curriculum	46%	951
Resources to develop a stronger safeguarding infrastructure in your school	19%	384
Better referral pathways to children and young people's services in your area	28%	579
Other/comments		120

- Head teachers and members of SMT were asked: What would be your ideal timetabling offer to enable full student learning and development in relationships, sex and health education?*

The majority of respondents said that they wanted to see relationships education or RSE delivered on a regular basis. 54% (161) of respondents said that their ideal timetabling offer would be one weekly timetabled lesson. Over 20% (67) said they would like to see this on a fortnightly basis. Only 6% (18) considered an RSE lesson during form time to be ideal.
- Head teachers and members of SMT were asked: What do you think are the main barriers, if any, to ensure your staff have access to training to develop and deliver the new Relationships and Sex Education (RSE) and/or Relationships Education?*

The main barriers selected by respondents were competing workload demands (64% or 199) and the cost of training (61% or 192). Another concern raised was the difficulty in identifying suitable high-quality training (52% or 162).

- *Head teachers and members of SMT were asked: In your opinion, how necessary is Relationships and Sex Education and/or Relationships Education in creating a culture of safeguarding within schools?*

The majority of respondents (75% or 249) identified RSE/Relationships Education as important in creating a culture of safeguarding within schools. Only 3% (11) said that it was not very necessary.

In England, from September 2020, Relationships Education is set to be compulsory in all primary schools, while Relationships and Sex Education (RSE) will be mandatory in all secondary schools, and Health Education will be compulsory at both.

About the NEU

The National Education Union stands up for the future of education. It brings together the voices of more than 450,000 teachers, lecturers, support staff and leaders working in maintained and independent schools and colleges across the UK, to form the largest education union in Europe.

It is an independent, registered trade union and professional association, representing its members in England, Wales, Northern Ireland, Scotland, the Isle of Man and the Channel Islands.

The National Education Union is affiliated to the Trades Union Congress (TUC), European Trade Union Committee for Education (ETUCE) and Education International (EI). It is not affiliated to any political party and seeks to work constructively with all the main political parties.

About the NSPCC

The NSPCC is the leading children’s charity fighting to end child abuse in the UK and Channel Islands. Using voluntary donations, which make up around 90 per cent of our funding, we help children who’ve been abused to rebuild their lives, we protect children at risk, and we find the best ways of preventing child abuse from ever happening. So when a child needs a helping hand, we’ll be there. When parents are finding it tough, we’ll help. When laws need to change, or governments need to do more, we won’t give up until things improve.

Our Childline service provides a safe, confidential place for children with no one else to turn to, whatever their worry, whenever they need help. Children can contact Childline 24 hours a day, 365 days a year.

Our free NSPCC helpline provides adults with a place they can get advice and support, share their concerns about a child or get general information about child protection. Adults can contact the helpline 24 hours a day, 365 days a year.

NSPCC helpline

Phone: 0808 800 5000
Visit: [nspcc.org.uk](https://www.nspcc.org.uk)

Childline

Phone: 0800 1111
Visit: [childline.org.uk](https://www.childline.org.uk)



@NSPCC_Press